



Wellness treatment

« Target » 55 € - 65€

Personalised massage to meet your needs. (30 – 40 min)

Californian 90 €

Massage providing a sensation conducive to forgetfulness and well-being. (60 min)

Lomi Lomi 90 €

Full body and facial massage inspired by Hawaiian tradition. He has a spirit of purification and regeneration. Deep massage to release old tensions and stubborn blockages, in order to restore a general state of well-being. (60 min)

Swedish 105 €

Dynamic massage ideal for athletes. It relieves aches, relieves stress and muscle tension. It promotes blood and lymphatic circulation and the elimination of toxins and helps the body to regain its natural balance. Done with oil with Arnica stocking. (75 min)

Ayurvedic 105 €

Full body massage that is gentle, tonic and rhythmic. Very effective in reducing nervous tension, it improves digestion and boosts blood and energy circulation. Practiced with hot sesame oil with the possibility of adding essential oils if desired. (75 min)

Hot Stones 125 €

Relaxing and gentle massage that aims to rebalance the energies and detoxify the tissues. It has the particularity of re-harmonizing the various energetic functions of the body and participating actively in the evacuation of stress. First, arranged on the Chakras, the hot basalt stones are used to massage the body oiled with hot oil. (90 min)

Relaxing, non-therapeutic massages

Thank you for reporting any useful information related to your health
(recent surgeries, allergies, pregnancy, etc.)



Skin care

Highlight 55€

For a sublimated skin. Cleansing, exfoliation and protection. (30 min)

Divine radiance 95€

For a rejuvenated and luminous skin ! Relaxation ritual, cleaning, exfoliation, blackhead extraction if necessary, massage, mask and relaxation ritual. (60 min)

Supreme Shine 125 €

For a metamorphosed skin! Relaxation ritual, cleansing, exfoliation, blackhead extraction if necessary, beneficial compress, massage, Peel Off mask, a second mask adapted to your skin type and relaxation ritual. (75 min)

Body care

Bio by
Oxalia

Scandinavian 130 €

A trip to the North to conquer frosty voluptuousness - Cranberries body scrub, "Swedish" inspired massage, re-mineralizing body wrap. (90 min)

Polynesian 130€

A break in the islands revealing a soft, hydrated and delicately scented skin with monoi. Sweet body scrub, Taurumi-inspired massage, deliciously scented monoi body wrap, rich in shea butter, apricot and coconut oil, it hydrates and softens the skin. A real moment of happiness. (90 min)

Light Legs 75 €

Cocktail stimulating assets bringing freshness and lightness (50 min)

Information and reservations

At reception or by phone at + 33 (0) 7 84 51 81 29